

# Newsletter

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MARCH 2010

072ND DES MOINES METRO CADET SQUADRON | RED OAK DETACHMENT

## Recruiting Challenge—Final Results!



I am pleased to announce that as of March 1, 2010, I had 9 applications turned into me for submittal to National Headquarters. I know what you're thinking, 9. 9 is not 10, and 10 is what we as a group needed to obtain for Lt Erickson and myself to throw the detachment a pizza party. While those 9 didn't quite get us to our pizza party goal of 10, we should be extremely proud of our hard work. That 9 nearly doubled our total membership from two months ago and it has also turned out a fantastic group of new recruits, all of which I am very proud to have as fellow CAP

members.

### Overall Recruiting Stats as of 3.1.10:

Brace—5  
Erickson—2  
Murphy—8  
Taylor—1

You might notice that there is only one cadet on the previous list. While our recruiting efforts were great, unfortunately I had no applications turned in as being recruited by a cadet during the last two months. As a result, we cannot award the Challenge Coin this time around.

BUT . . . Maj Murphy was

triumphant in earning his Senior Recruiting Ribbon with the help of this last push. He will be receiving his ribbon and recognition of this accomplishment at the next Saturday meeting which will be held on March 20th.

We will be doing another recruiting challenge during the months of May and June so get ready! However, if you know of someone who's interested in CAP and wants to join, don't wait until then. Applications are ALWAYS accepted so keep working on your recruiting ribbons (cadets need 2, seniors need 7)!

## Awards & Promotions

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At the February 20th meeting we recognized all awards and promotions earned between January 16th and February 20th. I am pleased to report that we had 4 cadets earn their very first promotions to the rank of C/Amn, they are

as follows:

Cadet Cambridge  
Cadet Kalambokidis  
Cadet Reeve, A.  
Cadet Reeve, S

Congratulations Cadets, we are all very proud of you!

Cadet Taylor also earned a promotion during the last month but unfortunately was unable to attend on the 20th. His rank and promotion will be recognized at the March 20th meeting at 7pm.

## Welcome New Members!

As you all know, the Red Oak Detachment has been growing by leaps and bounds lately and we are pleased to welcome our newest members:

Cadet Payton Kalambokidis,  
Cadet Baker Cambridge,  
Cadet Alexandria Reeve,  
Cadet Sierra Reeve, Cadet

J.C. Riggs, and SM Terry Koppa.

We also have some applications waiting to be processed, but once they are please help me in welcoming the following new members:

Cadet Katie Flora, SM David Flora and SM Howard Viner.

Welcome everyone! I know you all are eager to get going so if you have any questions don't hesitate to ask. We're all here to help each other out.

## Safety Briefing— Facts About Flooding



Source: [www.weather.com](http://www.weather.com)

Flooding poses tremendous danger to both people and property. Since 1900, floods have taken more than 10,000 lives in the United States alone.

The Big Thompson Canyon (Colorado) Flood, which killed 140 people in 1976, proved a tragic illustration of a sobering statistic 95% of those killed in a flash flood try to outrun the waters along their path rather than climbing rocks or going uphill to higher grounds.

**Most people are unaware that:**

- 66 percent of flood deaths occur in vehicles, and most happen when drivers make a single, fatal mistake trying to navigate through flood waters.
- Just 6 inches of rapidly moving flood water can knock a person down.
- A mere 2 feet of water can float a large vehicle even a bus.
- One-third of flooded roads and bridges are so damaged by water that any vehicle trying to cross stands only a 50% chance of making it to the other side.

Beyond the risk of fatalities, floods devastate homes, towns, and even entire regions. The great Mississippi River Flood of 1993 covered an area 500 miles long and 200 miles wide. More than 50,000 homes were damaged, and 12,000 miles of farmland were washed out.

During recent years, floods and flash floods have caused billions of dollars in damage each year. They are among the most common and widespread of all natural hazards.

Even more importantly, they're the number one weather-related killer. A flood can happen anywhere along the Mississippi, in New England, even in the desert.

Some fascinating [facts](#) about floods and flash flooding.

A **Flood** (commonly called river flood) is a high flow or overflow of water from a river or similar body of water, occurring over a period of time too long to be considered a flash flood.

Flooding is caused in a variety of ways. Winter or spring rains, coupled with melting snows, can fill river basins too quickly. Torrential rains from decaying hurricanes or other tropical systems can also produce river flooding. The [Mississippi River Flood of 1993](#) was caused by repeated heavy rain from thunderstorms over a period of weeks.

**Flash Floods** are quick-rising floods usually occurring as the result of heavy rains over a short period of time, often only several hours or even less.

They can also be caused by ice jams on rivers in conjunction with a winter or spring thaw, or occasionally even a dam break. The constant influx of water finally causes a treacherous overflow to begin, powerful enough to sweep

vehicles away, roll boulders into roadways, uproot trees, level buildings, and drag bridges off their piers. Most frightening is the rapidity with which the water rises.

**Coastal Flooding** occurs when strong onshore winds push water from an ocean, bay or inlet onto land. This can take the form of storm surges associated with tropical storms and hurricanes, or can be associated with non-tropical storms such as "nor'easters."

**Are You At Risk?**

Do you live or work in a [flood plain](#)?

Check the incidence of flooding in your area by contacting an expert source. Check the business listing of your white pages.

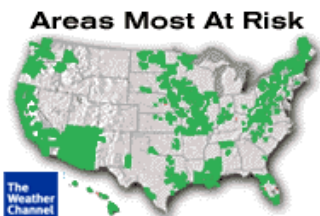
For current conditions, watch The Weather Channel or check the most recent [precipitation forecast](#).

Do you know what a Flash Flood or Flood [Watch or Warning](#) means?

**Anticipating A Flood**

Anticipating a potential flood is possible, according to the experts at The Weather Channel. Stu Ostro, a Senior Weather Specialist at The Weather Channel and Project Safe-Side's expert resource for meteorological science, shares the key factors that contribute to flooding and flash flooding and provides the signs to watch.

For more information, [go here](#).



# March 2010

## Schedule of Events

- **2 March**—Cadet Meeting  
Aerospace Education  
Red Oak, IA Airport  
1830-2030
- **9 March**—Cadet Meeting  
PT & Testing  
Red Oak, IA Airport  
1830-2030
- **9 March**—Senior Meeting  
Red Oak, IA Airport  
1930
- **16 March**—Cadet Meeting  
Emergency Services  
Red Oak, IA Airport  
1830-2030
- **20 March**—Saturday Meeting  
Red Oak, IA Airport  
1300-2030
- **23 March**—Cadet Meeting  
Moral Leadership, Drill & Testing  
Red Oak, IA Airport  
1830-2030
- **23 March**—Senior Meeting  
Red Oak, IA Airport  
1930
- **27 March**—SAREX  
Dubuque, IA  
Click [HERE](#) to sign-up to go!
- **30 March**—5th Tues. Open House  
Red Oak, IA Airport  
1830-2030

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## Upcoming Events

As usual, be sure to keep checking the calendar for anything new we might be posting.

Christmas and New Years celebrations have come and gone for yet another year. As we gear up for 2010 and what I'm sure is probably more fun winter weather (as if we need more, I know), just remember to be watchful of weather and road reports. If the need arises again we will not hesitate to cancel a meeting due to inclement weather and will do our best to inform you all in that event.

As sports go out of season, other sports come into season and we

know you have other commitments besides CAP. If something comes up and you aren't able to make it to a meeting, or if you need to run late or leave early, simply let us know by calling or emailing C/SSgt White or myself ([jessa.brace@gmail.com](mailto:jessa.brace@gmail.com) or 888.445.3049).

## New Officer Basic Course to Replace AFIADL-13

The wait is over. The Civil Air Patrol Officer Basic Course (OBC), written by CAP members for CAP members, replaces ADL-13 as the activity requirement for the Level II, Benjamin O. Davis Award.

### General Information

The OBC, hosted by Blackboard, is comprised of three blocks of instruction with each block examining CAP and leadership: the Personal Dimension of Leadership; the Professional Dimension of Leadership, and the Organizational Dimension of Leadership. Each block has several lessons included. Each lesson takes about 30 minutes to complete, and there is a total of 20 hours of instruction (ADL-13 has approximately 37 hours of instruction).

Unlike ADL-13, there is no end-of-course examination. To complete the OBC, members must successfully pass an open-book online quiz at the end of each lesson within the blocks. When all the lessons in Block 1 are complete, members move to Block 2, etc. At the conclusion of Block 3, you'll be able to print a certificate and your completion will be noted on your master record.

Members will have 90 days to complete the OBC from the time their group (cohort) begins. Members work individually, and can access the course at any time. In beta testing, members completed the course in as little as two weeks, and all members completed the course before

the 90-day deadline.

### Eligibility Requirements

Eligibility requirements for the OBC are the same as eligibility requirements for ADL-13. For senior members this means that you must have completed Level I. Cadets must have completed their Mitchell Award \*NOTE: The Officer Basic Course does NOT count towards the Leadership Academy requirement for Phase IV of the Cadet Program at this time. Cadets may continue to enroll in ADL-13 until 1 March 2010. Cadet Officers who elect to take the OBC as personal development will have OBC completion carried over to their senior member record should they choose to transition to senior membership in the future.

Eligible members will be accepted on a first-come, first-placed basis, with the first cohort beginning 1 January. Once all the slots are filled for a cohort, applicants will be assigned to the next cohort. Cohort start dates are below:

1 January  
15 February  
1 April  
15 May  
1 July  
15 August  
1 October  
15 November

### The Fine Print

Members who have previously completed ADL-13 will not be accepted as students at this time. We must do this in order to accommodate all the members who need to complete this requirement in order to complete Level II. We'll review

this restriction on a regular basis and will remove this restriction when demand for the course levels out.

Members who are currently enrolled in ADL-13 may continue their studies. Their enrollment in ADL-13 will continue normally and will expire 12 months from their enrollment, as usual. No new enrollments for ADL-13 for senior members should be submitted after 31 December 2009.

If you are unfamiliar with the online learning environment and would like to take a tutorial, there is a Blackboard tutorial available. To take the tutorial, please send the request in the email with your OBC application

If you are having trouble submitting the form, copy and save either as a new .pdf file or as a .jpeg file. If you are unable to do so, please contact Ron Olienyk at [rolienyk@capnhq.gov](mailto:rolienyk@capnhq.gov).

### Steps to Enrollment:

There are three simple steps to enroll in the Officer Basic Course:

1. Confirm your eligibility to enroll in OBC.
2. Ensure you have not completed ADL-13.
3. Complete the OBC Enrollment Form below and e-mail it to: [officerbasic-course@capnhq.gov](mailto:officerbasic-course@capnhq.gov)

Officer Basic Course Enrollment Form: [Click Here!](#)

To get the answers to OBC Frequently Asked Questions (FAQs): [click here](#)

## Flood fight is on again in Fargo

By Bob Von Sternberg, Star Tribune

Last update: February 25, 2010 - 10:44 AM

At ground zero in the Red River Valley, the flood fight has begun -- again.

Well before melting snow is expected to bring another potentially massive flood to Fargo and Moorhead, Fargo Mayor Dennis Walaker declared a state of emergency Wednesday for the biggest American city along the river.

The declaration is a formality that will allow city officials to

apply for federal assistance if the Red rises as high as flood forecasters have predicted.

Walaker, a veteran of the city's repeated flood fights, also asked the Army Corps of Engineers to assist in building a clay dike that would protect Fargo's City Hall and several other locations in the city's riverside downtown.

Meanwhile, on Monday, the city plans to launch this year's first volunteer sand-

bagging effort, with a goal of filling a million sandbags.

The volunteer operation will be conducted six days a week until the goal is reached. Last year, during the city's all-time record flood, six million sandbags were deployed in Fargo and Moorhead.

Last year, the Red reached a record 40.84 feet in Fargo. National Weather Service hydrologists pegged the probability of major flooding in Fargo and Moorhead at 98 percent.

As CAP members, and especially as citizens of our communities, we need to be aware of the potential for local flooding as the snow begins to melt. We need to be ready to answer the call (and shift our priorities to mission operations) when it comes.

## Dubuque SAREX—March 27th

The first SAREX (Search & Rescue Exercise) of 2010 is fast approaching! Don't forget that if you want to go, you need to [go here and sign-up](#) no later than March 20th. Once we have a headcount we will arrange for transportation. Since it is a long drive, we will be leaving on Friday night. Lodging arrangements will be made and we will let you know what those are as soon as they are finalized.

There are a few requirements that members need to complete BEFORE they are able to participate in a SAREX and they are as follows:

1. complete your [CAPT 116](#)
2. complete OPSEC

3. complete [Level I \(senior members only\)](#)
4. attain your first achievement (**cadets only**)
5. complete CPPT (**seniors only**)
6. BDUs are the required UOD for the day. If you do not have BDUs you can pick them up from places like the Hock Shop, or military surplus stores such as Canfield's. If you absolutely can't get a hold of a set of BDUs, you can wear your Blues and work on the following SQTRs: MSA (mission staff assistant and MRO (mission radio operator—also needs to complete their BCUT prior to the SAREX).

If you have started work on a particular SQTR and that

specialty needs any of the IS courses ([100](#), [200](#), [700](#) or [800](#)), you need to have these completed prior to going so that you are listed as a trainee for that specialty. If you need any of those tests, please get them taken care of as soon as possible!

If you have any questions or are unsure of what exactly you need to have completed please let me know. We'd like to have as many of you attend as possible. Let's have an impressive showing from the Red Oak Detachment!

## Minn. Wing cadets learn winter survival

MINNESOTA -- Members of Civil Air Patrol's Minnesota Wing spent the weekend dealing with frigid nighttime temperatures. Hosted by the Northland Composite Squadron, the winter survival weekend training in rural Bemidji near Hennepin Lake attracted more than 50 cadets from 12 Minnesota squadrons.

## Update on "Learn to Lead" curriculum

We are on track to launch a new leadership curriculum by 1 April 2010. Many CP leaders are familiar with this effort, which we're calling "Learn to Lead." Here's a quick update on this exciting project:

### 1. LEARN TO LEAD TEXTBOOK.

Stage one of this project involves developing two new textbooks, one for Phase I cadets (chapters 1-3) and one for Phase II cadets (chapters 4-8). The module 1 "Personal Leadership" textbook draft is complete and has been available for your review in the proving grounds. The module 2 "Small Team Leadership" textbook draft is 60% complete (chapters 4, 6, and 8 are done). We'll set the project aside this summer, during NCSA high season (and when yours truly marries lovely Amanda), and complete chapters 5 and 7 in September. Watch the proving grounds for module 2's draft to become available for your review in October. Click the "Learn to Lead Outline" at right for more info.

### 2. LEADERSHIP TOOLS.

As announced in an earlier blog entry, watch your mailbox for the new Learn to Lead Activity Guide, the Re-

spect on Display guide to customs and courtesies, and the Essentials of Teambuilding activity book. These materials supplement the Learn to Lead textbook and are at the printer as of this writing.

### 3. DRILL TESTS.

One weakness of the current leadership curriculum is that too much is expected of cadets early on in drill, and very little is expected of them after Achievement 2. We've spread the drill requirements out such that you'll see a performance test in chapters 1 through 6, at least. For achievements 7 and 8, we'll probably have to test cadets' knowledge of high level formations in writing – performance tests just aren't practical unless someone has an encampment-sized cadet corps handy.

### 4. NOTE ABOUT RESEARCH.

Learn to Lead is informed by solid research. One weakness of the current text is that it relies on anecdotes. At any rate, it's been interesting to see how some staples of cadet leadership education have no foundation in Air Force doctrine or the professional literature. Take the "NCO support channel," for example. Every cadet NCO learns that flight

sergeants back up the first shirt and so forth, but our research lead us to discover that "NCO support channel" is an informal Army term (at best), with no foundation in the Air Force tradition. Suffice to say that Learn to Lead will be a stronger text because we're investing time in solid research.

### 5. ONLINE TESTING

The IT folks are developing the system that cadets will use to take their achievement tests online. They're telling us the project is fairly straightforward from a technical standpoint. We'll begin field testing the system around Thanksgiving and we'll officially roll-out the system by 1 April 2010, at the same time we release Learn to Lead.

Again, Learn to Lead Modules 1 and 2 are on track for April 2010. We think cadets will find the new curriculum more challenging, more relevant, and more fun.

# A Galaxy of Dreams ... A World Of Accomplishment

Cadet Col. Kristopher Poskey  
Colorado Springs Cadet Squadron  
Colorado Wing



**Cadet Cols. Kristopher Poskey (left) and Jeremiah Coogan (second from left), along with Cadet Capt. Joshua D. Carr (right), meet with Air Force Col. Eric Boe at Civil Air Patrol's 2009 National Board and Annual Conference in San Antonio.**

**Photo by Lt. Col. Janeen Chazell, Rocky Mountain Region**

*Editor's Note: Cadet Col. Kristopher Poskey attended the 2009 National Board and Annual Conference as the Rocky Mountain Region's primary representative to the National Cadet Advisory Council. While at the annual conference, Poskey and two other NCAC members – Cadet Col. Jeremiah Coogan and Cadet Capt. Joshua D. Carr – were invited to have dinner with Eric Boe, the CAP senior member and Air Force colonel who recently piloted the Space Shuttle Endeavour. Afterward, Poskey wrote about his impressions of Boe, who earlier this week was selected to pilot a second shuttle mission.*

As members of Civil Air Patrol, we hear about the hundreds of rare and unique opportunities available to us. Not only does CAP prepare us to fulfill our dreams, it sometimes provides the inspiration to find that dream. It fuels our minds, and encourages cadets to pursue our world of dreams, but I have begun to realize that the next generation is not limited to a world of dreams. Instead, we have a galaxy of dreams to pursue and a world of accomplishment to achieve.

Men who have challenged the ordinary, normal thinking of their day to pursue the extraordinary, radical thinking of the future are marvelous role models for us to follow. Such men include Gen. Billy

Mitchell, Sir Isaac Newton and Albert Einstein, just to name a few.

As cadets, we are faced with a daunting task: achieving our dreams. It doesn't matter if you're a cadet basic dreaming of becoming a Spaatz cadet or a Spaatz cadet dreaming of going to space; we all face the same obstacles and sometimes may wonder if we will ever achieve our dreams...

Well, wonder no more, fellow cadets! Look no further than CAP to find an ideal role model. Meet the 1983 Civil Air Patrol Cadet of the Year: Eric Boe. Now known as "the astronaut" to many CAP members, Boe – a Civil Air Patrol senior member and U.S. Air Force colonel – embodies the story of a cadet chasing his dreams and making them a reality.

During the recent National Board and Annual Conference in San Antonio, Col. Boe took a moment out of his busy time to sit down and have dinner with three cadets from the National Cadet Advisory Council. I was one those three lucky cadets who were invited to attend dinner with our national commander, Maj. Gen. Amy Courter, and Col. Boe. After that dinner, I walked away with more confidence, pride, enthusiasm and a drive to keep after my dreams.

What exactly did I learn from the "Cadet gone astronaut"?

The first thing I noticed in Col. Boe is that he loves space. It seemed that he had found what he loved when he was young, then chased after it. He never looked back – only looked forward – and never stopped until he achieved his dream.

## 1. Find what you love!

Col. Boe loved the Air Force and space. He jumped head-first into CAP and took every opportunity offered. Because he was so involved in CAP, he was able to begin gaining experience and show potential for accomplishment in the things he loved.

## 2. Immerse yourself in your dreams!

As a cadet at the U.S. Air Force Academy and in CAP, Col. Boe strived for excellence in everything he did, and he has yet to stop. He earned the Gen. Carl A. Spaatz Award;

was recognized as the CAP Cadet of the Year; graduated from the Air Force Academy; became a highly decorated, top-notch, combat veteran fighter pilot; and ultimately ventured into space as a NASA space shuttle pilot.

## 3. Strive for excellence!

During our conversations at dinner we were able to ask about going to space, the training for an astronaut, how to become an astronaut and the other expected things one would ask an astronaut. Hearing the perspective of Earth from a man who has seen it from space was amazing, but sharing experiences and talking about chasing dreams was the most beneficial part of the dinner. I can remember Col. Boe saying that when it gets tough and you feel like quitting, "Keep going. Don't let yourself stop. You will thank yourself when you are doing the thing you love most." He shared how he has had times where he lost his motivation and needed encouragement, and he encouraged us to "never give up if it's what you really love and want."

## 4. KEEP GOING! NEVER GIVE UP!

"It's worth it," he said. For him, the realization of being in space was the ultimate satisfaction of the dream. It makes "all the hard work and effort worth it."

So the next time you feel like quitting, remember the moral of this story: Never quit. Keep going. Never give up. It's going to be worth it!

## REMEMBER....

[ERIC BOE on his work to become a shuttle pilot:](#)

**"IT WAS WORTH IT."**

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